



### Why this event?

The original epic run of Pheidippides (from the battlefield at Marathon to Athens) that became the foundation for a modern day Marathon (42K Run) inspires million of people across the world to run. For most runners, the idea of completing a Marathon is enough of an exciting, limits-testing challenge. In an environment that is filled with negativity, chaos and uncertainty there isn't anything that connects us to ourselves and others. The seemingly insurmountable challenge of running an ultra distance connects people across barriers of religion, culture and hierarchy. It enhances self awareness while building a deep sense of respect and camaraderie with fellow runners.

### Benefits:

Running provides us (an everyday individual with regular job or occupation) an excellent opportunity to challenge ourselves and overcome our preconceived limitations. But an Ultra Marathon takes this challenge to a whole new level that is designed to push and test our absolute limits. Yes, the benefits far exceed the physical realm, from discovering unfathomable potential of human spirit to building an indomitable human character.

### About the Event:

**Chambal Challenge** is an Ultra Marathon (more than 42K) designed to bring Kota on the National/International map by promoting the rich scenic landscape and geography of the city that is diverse yet challenging. Each Ultra Marathon claims to be the toughest. And each is, in its own way different. Chambal Challenge is different and probably the only Ultra Marathon in the country that combines road run, uphill, down hill and trail running into one long run that crosses Chambal river thrice, passes through a forest sanctuary to finish at place that provides a magnificent view of river Chambal at Ranapratap Sagar Dam at Rawatbhata.

Concept is simple, unlike a regular half or full city marathons, participants will pick-up a longer distance from 33/50/63K to complete it in a cut off time. Truly in line with the Inshape Runner's Club Creed **"Out Run The Road - Out Last the Trail"**. The message is simple **'don't stop when you are hurt, stop when you are done.'** And for this you don't need to compete with others but only yourselves. And you need to be extraordinarily competitive with yourself to finish this race.

### Race Details

Categories	Report Time @ Green Valley	Start Time	Start Location	Entry Fees	IRC Affiliate/ Inshape Member	Cut Off Time
63K	4:30 AM	5:00 AM	Green Valley Resorts	2400	1900	4:00 PM
50K	5:30 AM	7:00 AM	Gardia Mahadev	1900	1600	4:00 PM
33K	6:00 AM	8:00 AM	Jawahar Sagar Dam	1450	1200	3:00 PM
50K Corporate/ Team Relay	6:30 AM	8:00 AM	Gardia Mahadev	12000	12000	4:00 PM

### Registration:

- **Last date to register for all categories is 21st December 2017**
- Both online and offline registration facility available.
- **IRC Affiliate/Inshape Members need to register offline in order to claim member discount.**
- Limited registrations may be available after 21 December 2017 deadline but we cannot guarantee your T Shirt size.
- Event entry fees above is inclusive of 18% GST

### Cancellation Policy:

No refunds. No deferrals. No transfers. Once you have completed the registration process you will not receive a refund if you cannot participate and you may not defer your entry fee to a future race.

### Race Pack:

Registered runners must pick up their race materials in person with acceptable photo identification from Inshape Gumanpura before the race day. We do not mail materials or give them out on race day. Only a government-issued photo identification card will be accepted. If you can't pick up race credentials than anyone on your behalf with a signed copy of your photo ID can pick it up. **In the absence of the signed copy of your photo ID, race credential will not be handed over. All bibs will be sorted alphabetically by runner's last name.**

### Race Number:

All participants must wear an official race number on the front of their body, pinned to their outer layer of clothing. Numbers must be fully visible at all times (not cut, folded or obscured). Runners who run without their bib properly attached and displayed risk not having their finish time recorded

### **Aid Stations:**

Aid stations will be located at every 5 KMs staffed by cheering volunteers. Each aid station will have water, an electrolyte fluid, pain killers and some medical supplies. Medical assistance will be available at the start, during and at the finish line.

### **Time Keeping:**

**The start time will be noted for each category of the run and at the finish line for each BIB Number. There will be surprise check points on the way, where your BIB Nos. and Time will be noted. Failing to get checked in at these points will result in disqualification from the relay.**

**IF ANY RUNNER IS FOUND OR DISCOVERED USING ANY UN DUE SUPPORT OR HELP THAT GIVES HIM OR THE TEAM AN UNFAIR ADVANTAGE SUCH RUNNER OR THE TEAM WILL IMMEDIATELY DISQUALIFIED.**

### **Awards Ceremony and Banquets:**

All awards will be presented in the evening Awards Banquet. All participants are invited and eligible to attend the evening awards banquet. Friends and family members can attend the evening event by purchasing the Awards Banquet Pass at nominal contribution of Rs 600 per person.

### **Finish Line Information**

You've done it and a hero's welcome awaits you! Finish line is going to be a beehive of activity and is definitely the place to celebrate with family and friends.

### **Finish Line Amenities:**

- Official finisher's medal
- Medical Help
- Official finisher photo opportunity
- Refreshments

### **50K Corporate/Team Relay Information:**

The Chambal Challenge Corporate/Team Relay Challenge allows runners to participate in an Ultra Marathon experience, have access to race support and enjoy the camaraderie of team competition, without committing to run the whole distance.

### **The Corporate Relay Objective**

- To provide an opportunity to encourage fitness lifestyle amongst employees,
- To increase corporate engagement within the community,
- To promote healthy competition amongst fellow businesses and teams.

### **Benefits:**

1. Completing a 50K Challenge will instill and infuse values of team work; perseverance; a can do attitude and a winning mentality while engaging the whole organization together as a team.
2. Corporate engagement in such events builds reputation in the local community.
3. Builds corporate identity and image while contributing your bit in building Kota City's identity and culture .

### **How to participate?**

- Just get a team of 5 co-workers, friends or family – together for the Chambal Challenge Corporate/Team Relay.
- The team will run the 50K route, in 5 separate legs of 10K each.
- Each person in the Team will get the finishers medal.
- Additionally the team that finishes first will receive an engraved trophy with bragging rights!

**Team Relay Challenge Entry Fees: Rs. 12000 includes GST**

### **Registering a Team:**

Decide the name of the Team first. Designate a Captain of the Team who will be contacted for all future communication regarding the run. Write the name of the Team on top of the Race Registration Form and register as an individual. It is important that all team members' information be entered as individual so that all members receive the same race benefits.

### **Relay Team Registration Information:**

The team captain registering a team for the relay will be allowed to complete the contact and team information and submit payment for the whole team. IRC will not be responsible for any liability social/financial or any other arising out of any incorrect information submitted by the Doctor.

### **Relay Teams:**

The team captain or any one team member needs to be present to pick up the race credentials for the entire team. One member will pick-up for the entire team, credentials won't be spit up. The person picking up credentials need to have the scanned copy of the photo and does NOT need to have photo ID's of the rest of the team.

**All bibs will be sorted alphabetically by runner's last name.**

**Attention:** Please complete your team by December 21. After the 21st you will not be able to make any updates/register a your team. If your team is not complete before the 21st December deadline we cannot guarantee your T. Shirt sizes. The relay is designed for 5 member teams **ONLY!**

**Date / Time / Place:**

The relay will begin sharp at 8:00 a.m. on Sunday, 7 January 2018, from Gardia Mhadev. Exactly on the same course as of the individuals' participating in the 50K run.

**Distance:**

The entire stretch of 50K is divided into 5 legs of 10K each. Each runner in the Team has to complete a 10K run before handling over the baton. Remember though not all the legs present the same challenge or degree of difficulty.

**Exchange Locations (Marked in Red Flag, a Car and 2 Two Volunteers):**

The exchange locations will be clearly marked with RED COLOR FLAG with Race Marshals and Time Keepers. The Team Captain has to clearly identify the runners for each leg. Once all the Teams assemble at the holding area at the Green Valley Resorts all the Runners will be taken in a bus to the Relay Start Line. The runners starting the first leg will be dropped at the start point, followed by second, third and so forth.

Pick up will be provided to runners finishing their legs and will be dropped at the finish point. A bus will be available at the finish line to bring the relay participants back to Kota after the race is over.

**Time Keeping:**

On each exchange location for each runner Start Time and Finish Time will be noted apart from the Start and Finish time as a Team. There will be surprise check points on the way, where your BIB Nos. and Time will be noted. Failing to get checked in at these points will result in disqualification from the relay.

IF ANY RUNNER IS FOUND OR DISCOVERED USING ANY UN DUE SUPPORT OR HELP THAT GIVES HIM OR THE TEAM AN UNFAIR ADVANTAGE SUCH RUNNER OR THE TEAM WILL IMMEDIATELY DISQUALIFIED.

**Relay Divisions:**

Relay race is unisex... means it can be all males or females or combined. No distinction will be made on the basis of gender in terms of deciding the Winning Team.

**Event Rules:**

- There is no "double dipping" between the Ultra and the relay. Runners must chose one event or the other.
- The relay team member must run only the leg(s) assigned to that runner.
- The runner cannot run 2 legs even if he/she can.
- Team members must not join the member running the final leg at any time.
- Any runner not completing the leg will result in disqualification of the team.
- The relay is intended for 5 member teams **ONLY!**
- **Any unfair means used to secure a position will result in disqualification.**

**Race Pack and Number:**

All participants must wear an official race number on the front of their body, pinned to their outer layer of clothing. Numbers must be fully visible at all times (not cut, folded or obscured). Runners who run without their bib properly attached and displayed risk not having their finish time recorded

**Other Information:**

1. For all participants holding area at the start is at Green Valley Resorts on Rawat Bhata Road.
2. Finishing point is same for all categories.
3. Special Silver Medals for first 3 place holders in each category
4. Special Trophy or Wall Plate for first 3 Corporate Teams
5. Finishers Medals and T Shirts to be provided to everyone.
6. 63K finishers (in cut off time) will get an Exclusive Chambal "Raramuri" Sweat Shirts.
7. Only Top 3 Finishers in each category to be recognized in the evening Awards Banquets with Dinner in the presence of friends, family and dignitaries.
8. Corporate Trophies to be awarded as well.

**RARAMURI: 'the lighted footed one'.** To be a 'Raramuri', you must have time and care for each other, and to love people more than goods. Exactly the qualities and character that IRCIANS should honor, respect and reflect.

# CHAMBAL CHALLENGE

33K • 50K • 63K

## REGISTRATION FORM

Affix your  
recent color  
photograph.

**APPLICATION TYPE:**  Individual Entry  Corporate/Team Relay Entry\*

Type of Group:  Corporate  NGO  Other \_\_\_\_\_ (Please Specify)

**DISTANCE & EVENT FEES:**  63K  50K  33K  50K Corporate/Team Relay  
\*Rs. 2400/- \*Rs. 1900/- \*Rs. 1450/- \*Rs. 12000/-

Please fill up the form in CAPITAL letters only. Fill all mandatory fields (marked'\*)?)

### To be filled in case of Corporate/Team Relay

TEAM NAME in Capital Letters	TEAM CAPTAIN

### PERSONAL INFORMATION\*

First Name \_\_\_\_\_ \*Last Name \_\_\_\_\_

\* Nationality \_\_\_\_\_ \*Gender: Male  Female  T-Shirt Size: S  M  L  XL

\*Date Of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ (dd/mm/yy) \*Mobile Number \_\_\_\_\_

\* Email -Address (1) \_\_\_\_\_

\*Address \_\_\_\_\_

\*City/Town \_\_\_\_\_ \* State \_\_\_\_\_ \* Pin Code \_\_\_\_\_

Occupation: (tick any one) # Name of Organization: \_\_\_\_\_ # Designation \_\_\_\_\_

Business  Salaried  Retired  Housewife  Student  Unemployed

### Where did you see or hear about Chambal Challenge?

Newspaper  Social Media  Online  Posters etc  Friend/Family Member

\*In Case of Emergency Contact (ICE) Name & Number: (such person should not be a participate of the event)

Name \_\_\_\_\_ Mobile \_\_\_\_\_

### AGREEMENT AND WAIVER / RELEASE OF LIABILITY

I hereby declare that I have no history of previous illness or disease. I am participating in this event on my own free will. I take full responsibility to ensure my own safety and waive, release and discharge from any and all liability Inshape business owner/s, event partners, employees and other members for any eventuality including my death, disability, personal injury, or property theft or actions of any kind which may hereafter accrue to me. I also indemnify and hold harmless all Inshape business owner/s, event partners, their appointed trainers, employees, and other members from any and all liabilities or claims made by other individuals or entities as a result of or relating to my participation in this activity.

Signature: \_\_\_\_\_ Parent/Guardian Name and Signature (Reqd. if under 18 years) \_\_\_\_\_

### NOTE:

- Duly filled forms have to be submitted at any Inshape Branch along with the Event Fee.
- You will be assigned a Registration Number and will get a BIB along on presenting your ID Card only.
- In case somebody else is collecting your BIB, a signed copy of your ID Form has to be submitted at the time of BIB Collection.
- No BIB shall I be given at the Venue.
- Event fees mentioned above includes GST
- **Corporate Team Registration: Please write the Name of Your Team on the Top**

### CHECK LIST:

- Filled all mandatory fields (marked'\*)?)
- Signed the waiver?